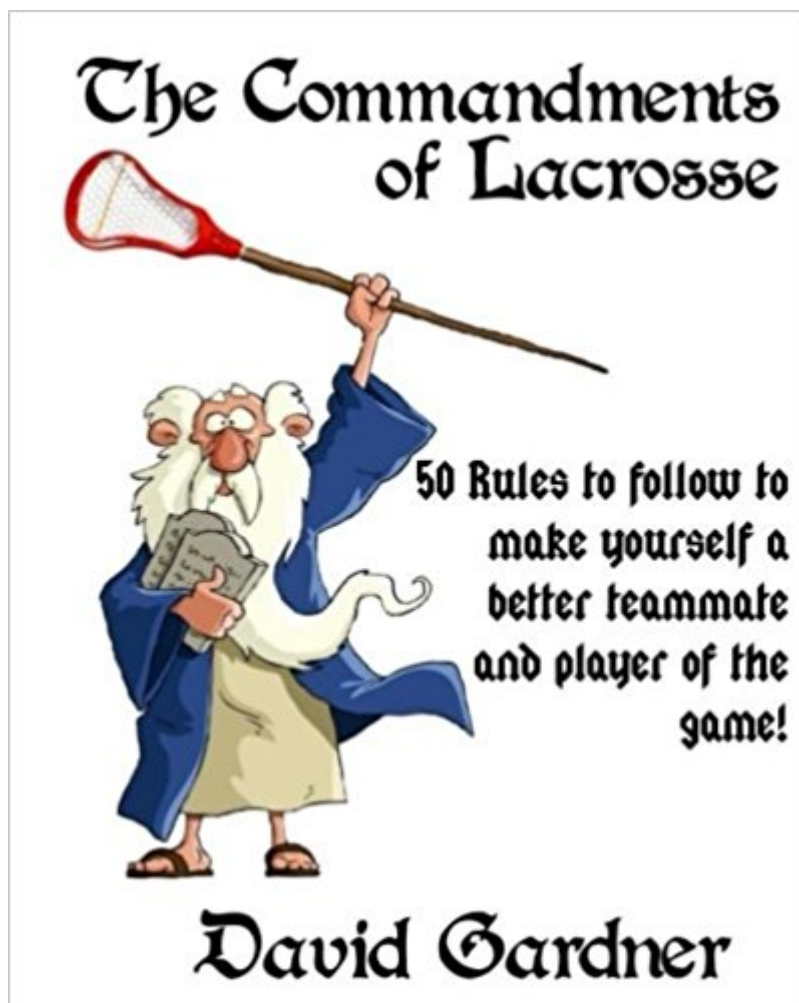


The book was found

The Commandments Of Lacrosse



Synopsis

The Commandments of Lacrosse is a training book with 50 rules to follow to help make yourself a better teammate and player in the game of Lacrosse. These rules apply to both the men's and women's game and expand from young or beginning players to professionals. This Lacrosse book makes a great gift to coaches, players and family members looking to learn more about the game, improve their skills or relive their love for lacrosse.

Book Information

Paperback: 66 pages

Publisher: CreateSpace Independent Publishing Platform; Lrg edition (July 4, 2012)

Language: English

ISBN-10: 1478174897

ISBN-13: 978-1478174899

Product Dimensions: 8 x 0.2 x 10 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,852,522 in Books (See Top 100 in Books) #82 in [Books > Sports & Outdoors > Other Team Sports > Lacrosse](#)

Customer Reviews

Grandson age 16 is avid lacrosse player. He loved it.

A very simplistic but useful approach for a young lacrosse player. Based on the reaction of the recipient and his family, it was a good gift to receive and to take some lessons from its pages.

nice gift

Perfect gift for a Lax bro.

Good book, kind of short and some of the things your coach tells you about twice a day good overall

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The Commandments of Lacrosse Ultimate Guide to Weight Training for Lacrosse (Ultimate Guide to Weight Training: Lacrosse) The Lacrosse Psychology Workbook: How to Use Advanced Sports

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